

**WASHINGTON STATE MEDICAL ASSOCIATION
OFFICIAL ACTIONS OF THE 2021 HOUSE OF DELEGATES**

REFERENCE COMMITTEE B

BOARD OF TRUSTEES REPORTS

Report A – Auditor’s Report (FILED)

Report B – Secretary-Treasurer’s Report (FILED)

Report C – Status of 2020 Reports and Resolutions (FILED)

Report E – Nominations, 2021-2022 WSMA Officers and Trustees (FILED)

Report F – Membership Report (FILED)

Report G – WSMA Policies Report (FILED)

EXECUTIVE COMMITTEE REPORTS

Report A – WSMA Strategic Planning (FILED)

Report C – Continuing Medical Education (FILED)

Report E – WSMA Early Career Sections (FILED)

BYLAWS COMMITTEE REPORTS

Report A – 2021 Bylaws Amendments

Recommendation A (NOT ADOPTED)

Recommendation B (NOT ADOPTED)

Recommendation C (NOT ADOPTED)

Recommendation D (NOT ADOPTED)

Recommendation E (ADOPTED by the required 2/3 majority)

Section 5. Number of Delegates.

...

- b. Each specialty society section shall be entitled to one (1) delegate and one (1) alternate.
- c. Each component society or section may elect delegates or alternates from among any of the eligible classes of membership.

...

- e. The Young Physician Section shall be entitled to one (1) delegate and one (1) alternate.
- f. The Resident and Fellow Section shall be entitled to one (1) delegate and one (1) alternate.

- g. The Medical Student Section shall be entitled to one (1) delegate and one (1) alternate.
- h. The Physician Assistant Section shall be entitled to one (1) delegate and one (1) alternate.
- ~~d. Each special section defined in these Bylaws shall be entitled to one delegate and one alternate.~~
- ei. Each delegate and alternate must be a member of this Association.

Recommendation F (NOT ADOPTED)

Recommendation G (ADOPTED by the required 2/3 majority)

Section 11. Memorials and Resolutions.

No memorial or resolution can validly be issued in the name of this Association unless adopted by the House of Delegates. Except as provided in this section, all proposed resolutions must be submitted to the Secretary-Treasurer of this Association not later than thirty days before the next annual meeting of the House of Delegates. All proposed resolutions must be sponsored by two (2) members of the House of Delegates and ~~All~~ resolutions and memorials must be ~~sponsored and~~ submitted in writing by a Delegate, Alternate Delegate, or Officer...

Recommendation H (ADOPTED by the required 2/3 majority)

Section 11. Memorials and Resolutions.

...The Secretary-Treasurer must furnish each member of the House of Delegates and the secretary of each component society and section with a copy of each such resolution not later than ~~thirty~~ twenty (~~30~~) days before the next meeting of the House of Delegates. No other resolution may be considered without the consent of two-thirds (2/3) vote of the members of the House of Delegates.

INFORMATIONAL REPORTS

#1 – Physicians Insurance A Mutual Company (FILED)

#2 – University of Washington School of Medicine (FILED)

#3 – Elson S. Floyd College of Medicine (FILED)

#4 – Pacific Northwest University of Health Sciences (FILED)

#5 – Comagine Health (FILED)

#6 – WSMA Foundation for Health Care Improvement (FILED)

#7– Washington Physicians Health Program (FILED)

#8 – Washington Medical Commission (FILED)

RESOLUTIONS

B-1 – Ensuring Inclusion of Physicians and Medical Students with Disabilities **(ADOPTED AS AMENDED)**

RESOLVED, the WSMA advocate for increased availability of context-appropriate accommodations for medical students, physicians, and physician assistants with disabilities, and provide advice specific to learning and working in medicine (Directive to Take Action); and BE IT FURTHER

RESOLVED, the WSMA will develop educational materials, resources, toolkits for accommodations for those with disabilities and disseminate them to medical schools, training programs, and medical practices. (Directive to Take Action)

B-2 – Violence Against Asian Americans (ADOPTED AS AMENDED)

RESOLVED, that the WSMA opposes hatred and hate crimes against Asian American and Pacific Islander (AAPI) peoples (New HOD policy); and BE IT FURTHER

RESOLVED, that WSMA supports the teaching of Washington state’s history of prejudice, including anti-Asian American and Pacific Islander violence, in schools. (New HOD policy)

RESOLVED, that the WSMA provides guidance in trauma-informed approaches for medical professionals to discuss and support patients who may be victims of prejudice and hate crimes, and advocate for their affected patients. (New HOD Policy)

B-3 – Improving Access to Active Transportation (ADOPTED AS AMENDED)

RESOLVED, the WSMA supports the expansion of safe and protected pedestrian, bicycle, and other nonmotorized infrastructure across Washington state (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA affirms the importance of active living and active transportation in health, safety, and equity (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA advocates for implementation and funding of other strategies that promote safe and active living and transportation. (New HOD Policy)

B-4 – Expanding and Standardizing Parental Leave in Medical School and Residency (ADOPTED AS AMENDED)

RESOLVED, the WSMA supports parental leave policies for medical students, residents, and fellows that are easily accessible, are separate from formal leaves of absence, and allow for 12 weeks parental leave (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA supports further research into investigating parental leave policies and how they affect medical student, resident, and fellow well-being, education, and patient care. Targets for intervention include, but are not limited to policy clarification, improving program and administrative support, on-site childcare, and consideration of parent wellness upon return to work. (New HOD policy)

B-5 – Direct-to-Consumer Marketing of Pharmaceuticals (First Resolve ADOPTED; Second Resolve REFERRED)

[Adopted] RESOLVED, that the WSMA supports a ban on direct-to-consumer advertising for prescription drugs and implantable medical devices. (New HOD Policy)

[Referred] RESOLVED, that the WSMA will educate physicians on how to effectively engage in dialogue with patients who request tests, drugs, treatments, or devices they have seen advertised to:

1. Remain objective about advertised tests, drugs, treatments, and devices, avoiding bias for or against advertised products,
2. Assess and enhance the patient’s understanding of the test, drug or device,
3. Educate patients about why an advertised test, drug, or device may not be suitable for them, including providing cost-effectiveness information about different options,
4. Report to the sponsoring manufacturer or appropriate authorities direct-to-consumer advertising that:
 - a. Promotes false expectations
 - b. Does not enhance consumer education
 - c. Conveys unclear, inaccurate, or misleading health education messages
 - d. Fails to refer patients to their physicians for additional information
 - e. Does not identify the target population at risk
 - f. Encourages consumer self-diagnosis and treatment (Directive to Take Action)

B-6 – Office of Patient Protection (ADOPTED AS AMENDED)

RESOLVED, that WSMA supports the creation of an office that will act as an advocate for patients throughout the state of Washington with regard to issues surrounding medical insurance including denial of services, prescriptions, and other related items. (New HOD Policy)

B-7 – Physician Assistant Title Change (ADOPTED AS AMENDED)

RESOLVED, that WSMA opposes the title change of Physician Assistant to Physician Associate. (New HOD Policy)

B-8 – Refer to All Medical Professionals by Their Titles (ADOPTED AS AMENDED)

RESOLVED, that WSMA supports education to highlight concerns related to inappropriately using one title to group all medical professionals together (e.g., “provider”). (New HOD Policy)

B-9 – Ensuring Continued Access to Equitable Take-Home Methadone Treatment (ADOPTED AS AMENDED)

RESOLVED, the WSMA supports increasing the interval between take-home methadone distributions for maintenance and detoxification treatment, per provider discretion, similar to the COVID-era extension policy created by the Substance Abuse and Mental Health Services Administration (SAMHSA) (New HOD Policy); and BE IT FURTHER

RESOLVED, the WSMA will utilize the “Good Guidance” petition process to request SAMHSA modify current policy to reflect the COVID-19 era policy on take-home methadone doses, including for pregnant and parenting patients (New HOD Policy); and BE IT FURTHER

RESOLVED, the WSMA will submit this resolution to the AMA House of Delegates for consideration at its semi-annual meeting in November (Directive to Take Action).

B-10 – Mentoring Support for Unmatched Medical Graduates (ADOPTED AS AMENDED)

RESOLVED, the WSMA acknowledges the issue of Washington medical graduates who do not match and the burden this places on the graduates and the healthcare system; and BE IT FURTHER (New HOD Policy)

RESOLVED, that the WSMA request that medical schools in Washington state, in their annual informational report to the WSMA House of Delegates, disclose de-identified information on the number of medical school graduates who did not match, and describe strategies in place or being developed to benefit these graduates. (Directive to Take Action)

B-11 – Access to Standard Care for Nonviable Pregnancy (ADOPTED)

RESOLVED, the WSMA supports patients’ timely access to standard treatment of nonviable pregnancy, including but not limited to miscarriage, molar pregnancy, and ectopic pregnancy, in both emergent and non-emergent circumstances (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA opposes any hospital directive, policy, or legislation that may hinder patients’ timely access to the accepted standard of care in both emergent and non-emergent cases of nonviable pregnancy. (New HOD policy)

B-12 – Maternal Mortality and Race in Washington State (ADOPTED AS AMENDED)

RESOLVED, the WSMA supports the pursuit of increased federal and state funding for Washington State Maternal Mortality Review Committees (MMRCs) (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA supports the investigation of race and socioeconomic status in relation to maternal mortality in Washington state. (New HOD policy); and BE IT FURTHER

RESOLVED, the WSMA address maternal mortality within its strategies to address social and racial biases in healthcare (New HOD Policy); and BE IT FURTHER

RESOLVED, the WSMA supports education and research to understand risk factors associated with maternal death as well as strategies that may prevent these deaths. (New HOD policy)

B-13 – Emergent ECT in Washington State (REFERRED)

RESOLVED, the WSMA will support the utilization of emergent ECT when it is medically indicated. (New HOD policy)

B-14 – Shortage of Mental Health Professionals (WITHDRAWN)

B-15 – Expanding the WSMA Medical Student Delegate Position (ADOPTED)

RESOLVED, that our WSMA amend its bylaws to increase the number of delegates entitled to the Medical Student Section from one delegate and one alternate delegate to three delegates and three alternate delegates to be filled by medical student representatives from each of the three medical schools in Washington state: University of Washington Medical School, Washington State University Elson S Floyd College of Medicine, and Pacific Northwest University of Health Sciences College of Osteopathic Medicine. (Amend WSMA Bylaws)

REFERENCE COMMITTEE C

BOARD OF TRUSTEES REPORTS

Report D – AMA Delegation (FILED)

EXECUTIVE COMMITTEE REPORTS

Report B – Government Affairs and Policy (FILED)

Report D – WAMPAC (FILED)

Report F – Death Investigation in Washington State (FILED)

RESOLUTIONS

C-1 – Measures to Reduce Respiratory Illness (ADOPTED)

RESOLVED, that the WSMA support appropriate compensation for health care providers who utilize respiratory illness mitigation measures. This may include supporting funding for the Departments of Health, hospitals, other health care providers and schools to be used for patient education promoting such measures. (Directive to Take Action)

C-2 – Allowing Peritoneal Dialysis Amongst Patients in the Washington State DOC (ADOPTED AS AMENDED)

RESOLVED, the WSMA advocates for the Washington State Department of Corrections to establish policy with regard to the management of peritoneal dialysis (PD) within its facilities, both self-performed and help-required PD. (Directive to Take Action)

C-3 – Homelessness as a Public Health Priority (ADOPTED AS AMENDED)

RESOLVED, that the WSMA will support and advocate for policies that support the construction and management of supportive housing. (Directive to Take Action)

C-4 – Health Policy Review Mechanism (NOT ADOPTED)

C-5 – Corporate Interference with the Practice of Medicine (ADOPTED AS AMENDED)

RESOLVED, the WSMA will advocate for introduction of legislation in the 2022 legislative session increasing accountability for nonprofit hospitals and health care service corporations, that addresses the following components:

1. Department of Health will survey licensed health professionals on the quality of care within their institutions
2. Defense against interference with the practice of medicine by unlicensed individuals

C-6 – Juvenile Justice (ADOPTED)

RESOLVED, that WSMA advocates that the minimum age of jurisdiction in juvenile court in Washington state be increased from age eight to age 14 years (Directive to Take Action); and BE IT FURTHER

RESOLVED, that WSMA supports the creation of a task force to consider and provide recommendations regarding the implementation of juvenile jurisdiction to encompass persons ages 18 and 19 and expansion of juvenile court jurisdiction to include persons above age 19 (New HOD Policy); and BE IT FURTHER

RESOLVED that WSMA supports removing the exceptions for certain youth 8 to 12 years old to be declined to adult jurisdiction to certain charges. (New HOD Policy)

C-7 – Universal Access to Health Care (ADOPTED AS AMENDED)

RESOLVED, that WSMA express its support for universal access to comprehensive, affordable, high-quality health care through a variety of mechanisms including a publicly-funded national healthcare program, including similar legislation at the state level. (New HOD Policy)

C-8 – Promotion of Building Electrification to Improve Human Health (ADOPTED AS AMENDED)

RESOLVED, that the Washington State Medical Association declares that gas for cooking represents a health hazard and that gas for water and home heating represent long-term public health risks due to climate impacts (New HOD Policy); and BE IT FURTHER

RESOLVED, that WSMA promotes policies at the state, county, and municipal levels that would phase out gas infrastructure in new construction, financially assist in the replacement of existing infrastructure with electric heating and cooking appliances, and upgrade local electric power grids to make all electric heating and cooking feasible and equitably available for all Washington residents. (New HOD Policy)

C-9 – Support Providers Practicing Medicine (ADOPTED AS AMENDED)

RESOLVED, that WSMA support a regular anonymous survey of Washington physicians and physician assistants on issues including, but not limited to, job conditions, quality of patient care, job satisfaction, interference with “standard of care” practice of medicine by unlicensed individuals or entities, and whether not-for-cause employment terminations (or the threat thereof) are witnessed, and survey results will be publicly available. (New HOD policy)

C-10 – Regarding Funding COVID-19 Pandemic Lessons for Public Health (ADOPTED AS AMENDED)

RESOLVED, that the WSMA support allocating a greater percentage of the health care dollar to public health (New HOD Policy); and BE IT FURTHER

RESOLVED, that the WSMA mobilize its multiple specialty societies to assist the 2022 Washington State Legislature by recommending specific enhancements to public health

from important lessons that should have been learned from our pandemic experience.
(Directive to Take Action)

C-11 – Access to Infertility Care (ADOPTED)

RESOLVED, that the WSMA supports legislation requiring health insurance plans to include coverage for the diagnosis of and treatment for infertility, as well as standard fertility preservation services for cancer patients and others at risk for medically induced infertility. (New HOD policy)

C-12 – Increasing Access to Menstrual Hygiene Products (ADOPTED)

RESOLVED, that our WSMA recognize the adverse physical and mental health consequences of limited access to menstrual products (New HOD Policy); and BE IT FURTHER

RESOLVED, that our WSMA encourage public and private institutions as well as places of work to provide free, readily available menstrual care products to workers and patrons (New HOD Policy); and BE IT FURTHER

RESOLVED, that our WSMA will support the inclusion of medically necessary hygiene products, including, but not limited to, menstrual hygiene products and diapers, within the benefits covered by appropriate public assistance programs (New HOD Policy); and BE IT FURTHER

RESOLVED, that our WSMA advocate for state legislation that increases the access to menstrual hygiene products, especially for recipients of public assistance. (Directive to Take Action)

C-13 – Advocating for Heat Exposure Protections for Outdoor Workers (ALTERNATE RESOLUTION C-13 ADOPTED in lieu of Resolution C-13)

RESOLVED, that our WSMA advocate for outdoor workers to have access to preventative cool-down rest periods in shaded areas for prevention of heat exhaustion and health educational materials in their primary language (Directive to Take Action); and BE IT FURTHER

RESOLVED, that our WSMA support legislation and regulations creating standardized protections against heat stress specific to the hazards of the workplace including appropriate access to emergency services when there are signs or symptoms of heat exposure injury (New HOD Policy); and BE IT FURTHER

RESOLVED, that our WSMA work with appropriate state and federal stakeholders to develop and enforce evidence-based policies, guidelines, and protections against heat injury for outdoor workers independent of legal status (Directive to Take Action); and BE IT FURTHER

RESOLVED, that our WSMA AMA delegation submit a resolution to the AMA asking for federal protections for outdoor workers reflective of the asks of this resolution. (Directive to Take Action)

C-14 – Use of Medication Assisted Treatment for Opioid Use Disorder During Pregnancy (ADOPTED AS AMENDED)

RESOLVED; that the WSMA acknowledges the risks of Opioid Use Disorder (OUD) during pregnancy for both mother and fetus (New HOD Policy); and BE IT FURTHER

RESOLVED; that the WSMA supports universal screening with validated screening tools, in conjunction with the Screening Brief Intervention and Referral to Treatment (SBIRT) model, and utilization of multidisciplinary care in the treatment of these patients (New HOD Policy); and BE IT FURTHER

RESOLVED; that the WSMA supports the use of medication for opioid use disorder (MOUD) in the pregnant population (New HOD Policy); and BE IT FURTHER

RESOLVED; that the WSMA supports expansion of the chemical-using pregnant women program to more institutions, including in Eastern Washington (New HOD Policy); and BE IT FURTHER

RESOLVED; that the WSMA supports legislation that grants pregnant women priority in publicly-funded treatment programs and protects them from discrimination in these programs. (New HOD Policy)

2021-2022 OFFICERS AND TRUSTEES

The following members were elected (unless otherwise noted):

President	Mika Sinanan, MD, PhD	King
Past President	Nathan Schlicher, MD, JD, MBA	Pierce
President-Elect	Katina Rue, DO	Yakima
Vice President	Nariman Heshmati, MD, FACOG	Snohomish
Sec-Treasurer	John Bramhall, MD, PhD	King
AMA Delegate	Matthew Grierson, MD*	King
AMA Delegate	Erin Harnish, MD*	Cowlitz-Wahkiakum
AMA Delegate	Elizabeth Peterson, MD	Spokane
AMA Delegate	Sheila Rege, MD*	Benton-Franklin
AMA Delegate	Rodney Trytko, MD, MBA, MPH	Spokane
AMA Alternate	Amish Dave, MD, MPH	King
AMA Alternate	Peter Dunbar, MD*	King
AMA Alternate	Nariman Heshmati, MD, FACOG*	Snohomish
AMA Alternate	Shane Macaulay, MD	King
AMA Alternate	Libby Parker, MD*	King
Finance Committee	David McClellan, MD ¹	Spokane
Speaker of House	Matthew Grierson, MD	King
Vice Speaker	Ray Hsiao, MD	King
Trustee	Monica Blykowski-May, MD, MBA, CPE	Spokane
Trustee	Linda Brown, MD	Skagit-Island
Trustee	Bridget Bush, MD*	Skagit-Island
Trustee	Andrea Carter, MD*	Grant
Trustee	Leah Geyer, MD*	King
Trustee	Teresa Girolami, MD*	King
Trustee	Alexander Hamling, MD, MBA, FAAP	King
Trustee	Clint Hauxwell, MD*	Spokane
Trustee	Rebecca Hoffman, MD	Clark
Trustee	Matt Hollon, MD, MPH, FACP	Spokane
Trustee	Carrie Horwitch, MD	King
Trustee	Dave Krueger, MD*	Yakima
Trustee	James Martin, MD*	King
Trustee	Okechukwu Ojogho, MD	Spokane
Trustee	James Park, MD, MHA*	King
Trustee	Tony Quang, MD, JD*	King
Trustee	Ralph Rossi, MD, MPH*	King
Trustee	Steven Schiebel, MD, CPE, FAAP*	King
Trustee	Matthew Uhlman, MD*	Yakima
Trustee	Alan Urbina-Alvarez, MD	Pierce
Trustee	Liam Yore, MD*	Snohomish
Trustee (Young Physician)	Amish Dave, MD, MPA	King
Trustee (Resident)	Rasheed Duwoju, MD, MS	King
Trustee (Student)	Reilly Bealer	Spokane

* Holdover; position open for election in 2022.

¹ Re-elected to the Finance Committee, but not a member of the Board of Trustees. The Finance Committee elects its own chair who serves on the Board of Trustees. The Chair of the Finance Committee is Don Benz, MD.